



# **Seminar**

Challenges of ecology related to mental health: where we are and where we are we are going



#### Organized by the:

- Ecology, Psychiatry and Mental Health Section of the World Psychiatric Association
- European Society of Social Psychiatry
- Swiss Society of Social Psychiatry (Romandie Section)
- Department of Occupational Therapy, University of West Attica

Where: Hybrid attendance, Conference Center "Pericles Lytras" University of West Attica, Agiou Spiridonos 28, Egaleo, 122 43, Greece

For online attendance you will receive information via email

Registration: <a href="https://forms.office.com/r/2kxa09JR9c">https://forms.office.com/r/2kxa09JR9c</a>

Saturday 9 of July 2022 • 10:00-13:00 (EEST) • Hybrid

## Programme

1 <sup>st</sup> session	Mental health in a transforming world  Chair: Christos Lionis, Maritta Välimaki
10:00 - 10:10	Welcoming words
	Christina Athanasopoulou, Assistant Professor, Department of Occupational Therapy, University of West Attica, Greece
	Luigi Janiri, Professor, Catholic University of the Sacred Heart of Rome, Chieti, Italy
	Yasser Khazaal, Professor, Lausanne University and Lausanne University Hospital Switzerland, Montreal University, Canada
10:10 - 10:25	The so-called psychoterratic syndromes
	Luigi Janiri, Professor, Catholic University of the Sacred Heart of Rome, Chieti, Italy
10:25 - 10:40	Climate change events: how they impact on mental health
	<b>Giovanni Martinotti,</b> Professor, University "G.d'Annunzio", Chieti, Italy; University of Hertfordshire, UK
10:40 - 10:55	Biodiversity loss and mental disorders
	Paolo Cianconi, Dr, Regina Coeli Institute, DSM RM 1, Roma, Italy
10:55 - 11:10	Environmental influences on mental health promotion in the community
	<b>Evanthia Sakellari,</b> Associate Professor, Department of Public and Community Health, Laboratory of Hygiene and Epidemiology, University of West Attica, Greece
11:10 - 11:25	The pressures on mental health services post Covid and in a global economic downturn
	Andrew Molodynski, Psychiatrist, Honorary Senior Lecturer, Oxford University, UK
11:25 - 11:40	From Descartes' time until today: unifying mind, body, spirit and making connections with environment
	Christos Lionis, MD PhD FRCGP (Hon) FESC FWONCA
	Professor of General Practice and Primary Health Care; Head of the Clinic of Social and Family Medicine, School of Medicine, University of Crete, Greece; WONCA Working Party on Mental Health, Chair; EC Expert Panel on Effective Ways of Investing on health; EMA SAG Vaccines
11:40 - 12:00	Coffee break

### 2<sup>nd</sup> session Technology in a transforming world

Chair: Luigi Janiri, Christina Athanasopoulou

#### 12:00 - 12:15 Ecology and Mental health: Technological perspectives in Asia and Europe

Maritta Välimaki, Professor, Central South University, Xiangya, School of Nursing, China; University of Turku, Turku, Department of Nursing Science, Finland

#### 12:15 - 12:30 Smartphone apps use for mental health and well being in Covid context

Yasser Khazaal, Professor, Lausanne University and Lausanne University Hospital Switzerland, Montreal University, Canada

#### 12:15 - 12:30 Psychotherapy via Skype in the COVID-19 context

Dr Maria Papadimitriou, MD PhD, Child and Adolescent Psychiatrist

Psychoanalytic Psychotherapist; Academic scholar, Department of Occupational Therapy, University of West Attica, Greece

#### 12:30 - 12:45 Ecology and Mental health: is there room for technology?

Christina Athanasopoulou, Assistant professor, Department of Occupational Therapy, University of West Attica, Greece

**Ioanna-Yiannoula Katsouri,** Occupational Therapist, MSc, PhD, Assistant professor, Department of Occupational Therapy, University of West Attica, Post-doctoral Researcher, School of Medicine, Aristotle University of Thessaloniki, Greece

Athanasia Papadopoulou, MD, PhD, Consultant Psychiatrist, Head of Consultation-Liaison Unit, 2nd Department of Psychiatry, "ATTIKON" University General Hospital, Academic scholar, Department of Occupational Therapy, University of West Attica, Greece

#### 12:45 - 13:00 Closing words

**Luigi Janiri,** Catholic University of the Sacred Heart of Rome, Chieti, Italy **Yasser Khazaal,** Lausanne University and Lausanne University Hospital Switzerland, Montreal University, Canada

**Christina Athanasopoulou,** Assistant professor, Department of Occupational Therapy, University of West Attica, Greece